

LANGUAGE – Small Change, Big Impact

Rather than:

84 yr old **frail** woman admitted with UTI.

Patient/Client is living/mobilizing/eating **at risk**.

We can **let/allow** them to get up/go to bathroom/return home.

Patient/Client **unsafe** to return/remain home.

Please **assess for safety**.

Patient **unsafe to get up** on own, at **high falls risk**.

Falls prevention (*acute care setting, tends to lead to immobility*)

Try:

84 yr old woman living with **mild frailty (CFS 5)** admitted with UTI.

Patient/Client is living/mobilizing/eating **with risk**.

We can **support/facilitate** them to get up/go to bathroom/return home.

Patient/Client **goal to return/remain home, reasonably foreseeable risks** are..., **ways to mitigate risks while coaching caregivers** are...

Please **assess for evidenced risks** and offer ways to mitigate in **least restrictive ways** to patient/client autonomy.

Patient **goal to mobilize (CFS 5), benefits** of mobility outweigh **risks of immobility, reasonable risk to support**, following **falls precautions** in place...

Falls Precautions while optimizing mobility (*generally CFS 6 or less*)

